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## *Latest News from OWC*

Recently published in *Danbury News Times*

We would like to express our gratitude to our patients for your continued patronage and ongoing referrals to family, friends and acquaintances. The following article reflects the rewarding work we witness every day and we give a special thanks to the clients who contributed their individual stories.

*Read the following article...*

### **DR. DAVE COMPETES IN HIS 1ST TRIATHLON**

**Dr. Dave competed alongside a few hundred other athletes in a USAT-sanctioned triathlon in Fairfield, CT on September 25, 2010. He endured a 0.5M swim followed by a 10M bike ride, ending**

### ***Supplement Highlight***

As we transition in season, you can also transform your well being with a good detox program. We are bombarded each and every day with toxins in our environment that lead to symptoms of lethargy, aches and pains and the list goes on and on. A good detox program can lend tremendous support to the body's immune system, lessen or eliminate food cravings and boost vitality. OWC offers 2 exceptional products described below. Please inquire during your next visit.



**with a 5K run.  
TIME: 01:38**

**The old adage, It's never too late....applies to each and every one of us. Take a moment and consider dreams and ideas that make your eyes light up and your heart soar...take a leap and GO FOR IT. Something wonderful is waiting for you just around the corner.**



**OptiCleanse GHI:** A pleasant-tasting, low-allergy functional food shake mix that features VegaPro, a proprietary blend of rice and pea proteins along with a variety of macro and micro-nutrients, herbs, and other nutraceuticals known to support and optimize detoxification in individuals experiencing signs and conditions associated with toxicity. OptiCleanse GHI supports the gastrointestinal mucosa and the body's natural anti-inflammatory response. Available in chocolate and vanilla.



**OptiCleanse Plus:** A rice protein-based functional food that provides a variety of macro and micro-nutrients known to support and optimize detoxification in individuals experiencing signs and conditions associated with toxicity and poor hormone balance. Available in original flavor.

**We wish you health and happiness.  
*The staff at OWC.***

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